

FRESH BEVERAGES

SMOOTHIES

* all smoothies made with choice of almond, organic 1% or whole milk, or soy

* all smoothies can be made **vegan** upon request ☺

Strawberry Banana.....\$5.99

Strawberries, Bananas, and Choice of Milk

Berry Outrageous.....\$5.99

Blueberries, Raspberries, Strawberries, Blackberries, Banana, and Choice of Milk

Blueberry Banana.....\$7.50

Blueberries, Bananas, Alden's Vanilla Ice Cream, Choice of Milk

Banana Latte.....\$7.75

Banana, Alden's Vanilla Ice Cream, Coffee Flavor, Cinnamon, Choice of Milk

Tropically Delicious.....\$6.75

Banana, Alden's Vanilla Ice Cream, Pineapple Coconut Nectar

Very Berry.....\$7.50

Strawberries, Alden's Strawberry Ice Cream, Choice of Milk

Chocolate Covered Strawberry.....\$7.75

Strawberries, Alden's Strawberry Ice Cream, Vegan Chocolate Syrup, Choice of Milk

Blueberry Blitz.....\$7.50

Blueberries, Grape Juice, Alden's Vanilla Ice Cream

Appleberry.....\$7.99

Fresh Juiced Apples, Strawberries, Alden's Vanilla Ice Cream

Mango Peach.....\$7.50

Mangos, Mango Peach Nectar, Alden's Vanilla Ice Cream

Slimming Smoothie.....\$7.99

Blueberries, Banana, H2O, Psyllium, Flax Oil, Honey, Spirutein Protein Powder

JUICES

Wheat Grass.....\$2.00

Ginger Hopper.....\$6.50

Carrot, Apple, Ginger

Sweet Beet.....\$6.50

Carrot, Beet, Apple

Hawaiian Delight.....\$6.25

Pineapple Coconut Nectar blended with Orange Juice

Summer Breeze.....\$5.99

Apple, Orange, Blended with Strawberries

Monkey Juice.....\$6.50

Apple, Orange, Blended with Banana

Tropical Sunset.....\$6.25

Pineapple juice, Apples, Blended with Strawberries

Immunity Booster.....\$8.25

Oranges with a Shot of Wheat Grass

Green Earth Goddess.....\$9.50

Beets, Carrots, Spinach, Celery, Spirulina, Wheat Grass

Green Leaf.....\$6.99

Celery, Spinach, Apple, Spirulina

Create Your Own.....\$6.99

Includes Choice of 3 Fruit or Veggie, each additional is .50

*prices may vary

BOOSTERS:

Whey & Soy Protein.....\$2.00

Rice Protein, Spirulina, & PB2.....\$1.00

Flax Oil.....\$1.75

GREEN EARTH DELI

Deli Hours:

Monday – Friday 11am-5pm

Saturday 11am-4pm

SUNDAY: CLOSED

Store Hours:

8am-8pm 7 Days a Week ☺

Store Location:

441 A S. Buchanan

Edwardsville, IL 62025

CALL IN ORDERS TO:

(618) 656-3375

After 11am & Before 5pm



About Our Deli

We provide a healthy alternative to the typical lunch options in the area. Our soups and case items are made from scratch weekly with love.

We offer a menu comprised of hot and cold sandwiches, salads, juices, and smoothies made from only the highest quality, always fresh, and normally organic ingredients. Come see what all the fuss is about, and leave feeling the difference.

Thank you!

SANDWICHES

All Menu Sandwiches served with choice of Blue Corn Chips, Billy Goat Chips, Banana, Apple, or Orange (when available)

****Deli case items do not qualify as side items****

COLD SANDWICHES

Veggie Bella	\$5.75
Cheddar cheese, Lettuce, Tomato, Cucumber, Green Pepper, Sprouts, Italian Dressing, Mayo, Mustard	
Hummus Hoyo	\$5.75
Hummus, Lettuce, Tomato, Cucumber, Green Pepper, Sprouts	
Un-Blt	\$5.99
Marinated tofu, Olives, Pepperoncini, Spinach, Drew's Smokey Tomato Dressing	
Tofu Your Way	\$5.99
Choice of 3 Standard Toppings, for each additional see 'add-ons'	
Tuna	\$6.50
Tuna, Pickle Relish, Onion, Celery, Mayo, Mustard, Lettuce, Tomato, Avocado	
Turkey	\$7.50
Applegate Farms Roasted Turkey, Lettuce, Tomato, Onion, Mayo	
**not to be combined with combo meal	
Turn any sandwich into a wrap	75¢
Sprouted Ezekiel, Rice, and Spelt	

HOT SANDWICHES

Boca	\$5.99
Vegan Burger Topped with Lettuce, Tomato, Onion, Mayo	
California	\$6.25
Vegetarian Burger Topped with Lettuce, Tomato, Onion, Mayo	
Un-chicken	\$6.25
Veggie Chicken Pattie Topped with Lettuce, Tomato, Onion, Mayo	
Spicy Un-chicken	\$5.99
Vegan Chicken Pattie Topped with Lettuce, Tomato, Onion, Mayo	
Grilled Ruben	\$7.50
Meatless Canadian Bacon, Cheddar Cheese, Sauerkraut, Ruben Sauce	
Quesadilla	half \$5.25 / whole \$8.25
Wrap, Refried Beans, Cheddar Cheese, Salsa, Sour Cream, Olives, Avocado	
Cheese Quesadilla	\$4.99
EXTRAS: Sour Cream & Salsa.....50¢	

****Most sandwiches can be made vegan or with gluten free ingredients upon request!!**

Sandwich Add-Ons

<i>Tomato, Cucumber, Green Pepper, Carrots, Red Onion</i>	25¢
<i>Sprouts, Spinach, Olives, Pickles, Pepperoncini, Beets</i>	50¢
<i>Avocado, Cheddar Cheese, Tofutti Cheese</i>	\$1.00
<i>Diaya Cheese</i>	\$1.25

Standard Toppings: Lettuce, Tomato, Onion, Mayo, and Vegenaise

Extra Chips

Blue corn.....	\$1.29	Billy Goat.....	\$1.05
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Bread Choices

Great Harvest: 9-Grain, Honey Whole Wheat, Dark Rye

Sprouted: Ezekiel & Sour Dough

Wraps: Spelt, Rice, Ezekiel

SOUPS & SALADS

SALADS

Garden	\$5.75
Lettuce, Tomatoes, Carrots, Cucumber, Green Pepper, Red Onion, and choice of dressing	
Green Earth	\$6.50
Fresh Spinach, Carrots, Red Onion, Apples, Walnuts, with Raspberry Vinaigrette	
Italian	\$6.75
Lettuce, Olives, Pepperoncini, Feta Cheese, with Balsamic Vinaigrette	
Spinach Beet	\$7.25
Fresh Spinach, Beets, Feta Cheese, Cashews, Red Onion, with Greek Olive Dressing	
Dressings: Cowgirl Ranch, Raspberry Vinaigrette, Balsamic Vinaigrette, Drew's Smokey Tomato, Poppy Seed	
Flax oil	\$1.75
Add Protein to any salad:	
Tuna scoop	\$3.25
Turkey Slices (3)	\$2.99
Hummus Scoop	\$1.75

Soup of the day

Soups are homemade and change weekly

PRICES WILL VARY: TASTE WILL ALWAYS BE GREAT



DELI COMBO

Your choice of 2:

½ Sandwich.....*excludes hot sandwiches and turkey sandwich*

½ Soup

½ Salad

.....**\$7.25**



KIDS MENU

*All Kids Meals Served with a Choice of Blue Corn Chips, Billy Goat Chips, Apple, Orange, Banana, or Applesauce Cup

PB&J.....**\$4.25**

Choice of Strawberry or Grape Jelly and Peanut Butter

Grilled Cheese.....**\$4.50**

Grilled Turkey & Cheese.....**\$5.75**

Applegate Farms Roasted Turkey with Cheddar Cheese

½ **Cheese Quesadilla**.....**\$3.99**

Choice of Wrap with Cheddar Cheese

Ants on a Log.....**\$2.25**

Celery, Peanut Butter, Raisins

Apples sauce.....**.99¢**